unity meals
LN K-8

NOVEMBER
LUNCH

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

HAPPY DIWALI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 *Chicken Tamale or *Cheese Tamale (V) with Beans	**3** *American BBQ Chicken Bowl or *Tofu Bowl (VG) with Broccoli	**4** *Hamburger or *Grilled Cheese Sandwich (V) with Tater tots	**5** *Teriyaki Chicken Chow Mein or *Edamame Chow Mein (VG) with Carrots	**6** *Pizza (Cheese (V) 
9 *Chicken and Waffles or *BRC Burritos (V) with Celery sticks	**10** *Walking Taco with Beef or *Walking Taco with Cheese (V) and Beans	**11** 	**12** *Mac and Beef Pasta or *Mac and Cheese Pasta (V) with Broccoli	**13** *Cheesy Nachos (V) with Baby carrots
16 *Cheeseburger or *Quesadilla (V) with Broccoli	**17** *Chicken Taco Bowl or *BRC Taco Bowl (V) with Beans	**18** *Chicken Nuggets or Vegan Nuggets (VG) with Baby Carrots	**19** SPECIAL OFFER *Turkey with Gravy, Mashed Potatoes and Dinner Roll or *Cheese Tamale (V) with Corn	**20** *Pizza (Cheese (V)
23 	**24** 	**25** 	**26** 	**27**
30 *Hamburger or *Grilled Cheese Sandwich (V) with Potato Wedges	lashon academy			**All meals are served with fruit and a choice of milk** ***Most grains are whole grains** **** This institution is an equal opportunity provider** **(V) Vegetarian (VG) Vegan**