



unity meals

SNK

MONDAY

OCTOBER

SNACK

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



*All grains are whole grains
* This institution is an equal opportunity provider



1

Graham crackers
+
Cheese stick

2

Banana Muffin +
Orange

5

Blueberry Lemon
Crisp +
100% Fruit Juice
Fruit Punch



6

TRIX cereal Bar
+
Cheese stick

7

Cheddar
Cheese dip
and
Crackers

8

Whole Grain
Doritos +
Pear

9

Honey Roasted
Sunflower seeds
+
Orange

12

Sun chips
+
100% Fruit Juice
Fruit Punch

13

Pretzel
Goldfish +
Pear

14

Cheez-its
+
Cheese stick

15

Corn chips
+
Cheese stick

16



19

Goldfish crackers
+
100% Fruit Juice
Fruit Punch

20

Whole Grain
Cheetos +
Pear

21

Cinnamon
Oat Crisp
+ Cheese stick

22

Apple
+ Graham
Crackers

23

Blueberry
Muffin +
Orange

26

Cheddar
Sun Chips
+
100% Fruit Juice
Fruit Punch

27

Strawberry
CHEX mix
+
Pear

28

Cheese dip
and
Crackers

29

Whole Grain
Doritos
+
Cheese stick

30

Honey Roasted
Sunflower seeds
+
Orange