



unity meals

LN K-8

MONDAY

SEPTEMBER

LUNCH

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

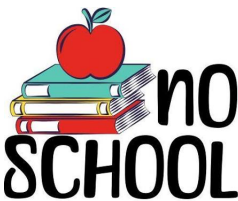
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



<i>August</i> 31 *Beef Burrito or *Cheesy Enchiladas (V) with Beans	1 *Chicken Teriyaki Bowl or *Tofu Teriyaki Bowl (VG) with Broccoli	2 *Crispy Chicken Sandwich or *Grilled Cheese Sandwich (V) with Potato Wedges	3 *Spaghetti Marinara with Meatballs or *Spaghetti Marinara with Cheese (V) and Green beans	4 
7 ★ LABOR DAY ★	8 *Asian Chicken Bowl with Dumplings or *Edamame Bowl (VG) with Broccoli	9 *Hot Dog on Whole grain Bun or *Bean and Cheese Burrito (V) with Corn	10 *Chicken Alfredo Pasta or *Cheesy Alfredo Pasta (V) with Green beans	11 *Pizza (Cheese (V))
14 *Beef and Cheese Taco stick or *Bean and Cheese Pupusa (V) with Corn	15  *Picadillo with Beef or *BRC Taco Bowl (V) with Black Beans	16 *Chicken Tenders and BBQ sauce or *Cheesy Enchiladas (V) with Cucumbers	17 *Chicken Garlic Pasta or *Cheesy Garlic Pasta (V) with Broccoli	18 *Cheesy Pull-aparts (V) with Baby carrots
21  NO SCHOOL	22 *American BBQ Chicken Bowl or *Tofu Bowl (VG) with Broccoli	23 *Hamburger or *Grilled Cheese Sandwich (V) with Tater tots	24 *Orange Chicken Chow Mein or *Edamame Chow Mein (VG) with Carrots	25 *Pizza (Cheese (V)) 
28 *Chicken and Waffles or *BRC Burritos (V) with Celery sticks	29 *Walking Taco with Beef or *Walking Taco with Cheese (V) and Beans	30 *Bean and Cheese Pupusa (V) or *Chicken and Vegetable Dumplings with Corn	All meals are served with fruit and a choice of milk *Most grains are whole grains * This institution is an equal opportunity provider (V) Vegetarian (VG) Vegan	