

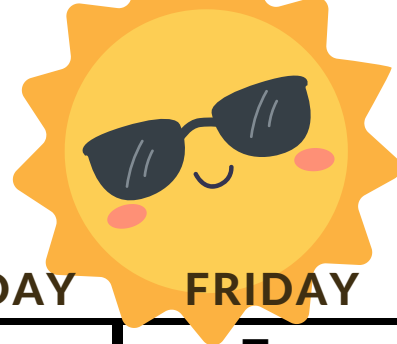


unity meals
BRK 1

AUGUST

BREAKFAST

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7



10

*Cereal Bar

11

*Mocha
Crumble
Cake

12

*Pan
Dulce (Pink)

13

*Chocolate Chip
Muffin

14

*Mini Waffles

17

*Double
Chocolate Muffin

18

*Pan Dulce
(Vanilla)

19

*Cereal Bowl
(Cocoa Puffs) +
Graham crackers

20

*Fun and Fruity
Waffles

21

*Bagel Dots

24

*Low-fat Yogurt
and Granola

25

*Cinnamon
Crumble
Cake

26

*Chocolate
Waffles

27

*Pan Dulce
(Pink)

28

*Mini Pancakes

31

*Chocolate Chip
Muffin

Meal Pattern:
8 oz Milk
1 oz MMA (Meat) +
1 oz Whole Grain
or 2 oz Whole Grain
1 cup Fruit



All meals are served with fruit and
a choice of milk

*ALL grains are whole grains
* This institution is an equal
opportunity provider