



unity meals

SNK

MONDAY

AUGUST

SNACK

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3

4

5

6

7



10

Blueberry Lemon
Crisp +
100% Fruit Juice
Fruit Punch

11

Pretzel
Goldfish +
Pear

12

Cheez-its
+
Cheese stick

13

Low-fat Cherry
Yogurt
+ Cinnamon
Granola

14

Blueberry
Muffin +
Low-fat Milk

17

Goldfish crackers
+
100% Fruit Juice
Fruit Punch

18

Cheddar
Sun Chips
+
Pear

19

Cinnamon
Oat Crisp
+ Cheese stick

20

Graham crackers
+
Cheese stick

21

Banana
Muffin +
Non-fat
Chocolate Milk

24

Blueberry Lemon
Crisp +
100% Fruit Juice
Fruit Punch

25

Tortilla Chips
+
Cheese stick

26

Cheddar
Cheese dip
and
Crackers

27

Whole Grain
Doritos +
Pear

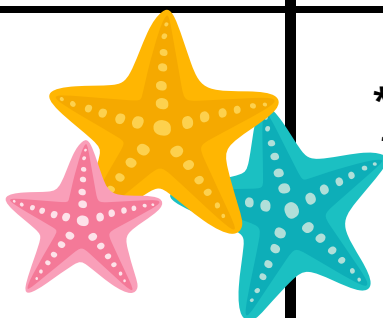
28

Honey Roasted
Sunflower seeds
+
Orange

31

Sun chips +
100% Fruit Juice
Fruit Punch

Meal Pattern (Pick 2):
8 oz Milk
1 oz MMA (Meat)
1 oz Whole Grain
3/4 cup Fruit



***ALL grains are whole grains**
*** This institution is an equal
opportunity provider**