



ISSUE 04 - NOVEMBER 2025

LEOPARD INC.

# DEEPLY BEHOLDEN

ARTFUL EYE EDITION

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We begin with a thought: In the rush of daily life, it's easy to overlook the small gestures, quiet kindnesses, and subtle moments that shape our days. Yet it is often in these unnoticed details, shared smiles, a helping hand, a thoughtful word, that the richest gratitude grows. Pause for a moment and consider: how might your awareness of these small acts transform not only your perspective but the way you move through the world?



# Harvest Hues

Our fall festival was a joyous celebration, filled with laughter, family, and the universal rhythm of dance. The vibrant tapestry of autumn leaves reminds us that our differences are a gift, that challenges can draw us closer, and that each shared moment weaves the fabric of our community. We are profoundly grateful to our families and staff for your generosity, your unwavering support, and for always making it possible for us to bring these moments of joy and connection to life. Thank you for being the heart of everything we do.

# A Modern Parent Guide to Keeping Kids Focused



The holiday season is full of joy, excitement, and cherished family traditions, but it can also shake up children's routines, from sleep and homework to daily schedules, making it harder for them to focus and manage their emotions at school. Maintaining consistent routines, even during this busy time, helps children feel secure and emotionally steady (Kids Mental Health Foundation, 2023). At the same time, the holidays provide a wonderful chance to blend learning with fun, keeping children engaged and curious through hands-on, seasonal activities that spark creativity and connection (National Geographic, 2023).

## 1. Keep a simple, flexible routine

- Maintain predictable sleep/wake times; consistency supports mood regulation and cognitive functioning (Psychology Today, 2024).
- Preserve light academic structure, such as a daily reading or homework time to maintain learning momentum (Child Law Center of NC, 2023).

## 2. Blend holiday fun with learning

- Use everyday holiday activities (writing cards, cooking, decorating, budgeting for gifts) to reinforce writing, math, and planning skills (Child Law Center of NC, 2023).
- Read together regularly; shared reading is linked to improved literacy and long-term academic gains (GoGuardian, 2022).

## 3. Create a relaxed but focused study zone

- Provide a calm, well-lit area for homework or reading; reducing distractions protects attention and learning habits (Kids on the Yard, 2023).
- Limit evening screen time, as excessive digital use can disrupt sleep and impair next-day focus (Psychology Today, 2024).

## 4. Set small, achievable goals

- Help children set simple, realistic academic goals (e.g., one book, a short writing task); manageable steps boost motivation (Kids on the Yard, 2023).
- Celebrate small wins to build confidence and strengthen positive learning behaviors (Peake Academy, 2023).

## 5. Maintain balance: rest, fun, and emotional well-being

- Include breaks, physical activity, creative time, and family connection. Each reduces stress and keeps kids grounded (Kids on the Yard, 2023).
- Use downtime for conversations and reflection; kids who feel emotionally supported have better focus and behavior (Nationwide Children's Hospital, 2023).

# Measuring Growth, Inspiring Success



## **i-Ready Diagnostic #2 Testing window opens.**

This pivotal assessment offers a vital measure of each student's academic growth since the start of the year and provides invaluable insight to guide instruction.

Through these results, our educators can:

- Design targeted intervention groups
- Identify individualized classroom supports
- Implement focused, small-group instruction

Attendance Reminder: Consistent presence and punctuality are essential during this testing period, allowing students to complete assessments fully and without interruption.

Testing Window:

- Opens: Monday, December 1
- Closes: Friday, December 12

**We are deeply grateful to our families for your steadfast support and partnership, which makes it possible for our students to engage confidently and perform at their best.**

# Upcoming Dates



## Minimum Days:

- Wednesday, December 3<sup>rd</sup>, 10<sup>th</sup> and Friday, December 19<sup>th</sup>

## PTO Meeting:

- Wednesday, December 3<sup>rd</sup> @ 8:15am

## Food Drive Deadline:

- Friday, December 5<sup>th</sup>

## Holiday Tote Bag Decoration

- Wednesday, December 10<sup>th</sup> @ Valley Village Campus.
- For more information email Faby or Shani:
- Look for a Sign-up on Instagram and ParentSqaure
  - [fnoguera@lashonacademy.org](mailto:fnoguera@lashonacademy.org)
  - [sdayan@lashonacademy.org](mailto:sdayan@lashonacademy.org)

## Winter Break:

- Monday, December 22<sup>nd</sup> to Friday, January 2<sup>nd</sup>

## School Resumes:

- Monday, January 5<sup>th</sup>

*“Gratitude turns what we have into enough.”*  
— Aesop