

LEOPARD INC.

January: A Fresh Chapter, Not a Restart

January is not about starting over, it's about continuing forward with intention. The new year invites us to pause, reflect, and gently reset the rhythms that guide our days. It reminds us that growth doesn't happen all at once, but through small, consistent choices made over time.

For families, January is a moment to check in:

- What routines are working?
- What habits support our children best?
- Where can we offer a little more patience, structure, or encouragement?

As we move through this month together, let January be a time to reinforce consistency, connection, and care. When home and school move in alignment, children feel secure, supported, and ready to learn.

Food for thought:

Progress isn't measured by perfection. It's built through presence, preparation, and partnership.

"Success is the sum of small efforts repeated day in and day out." -Robert Collier



Parent Tip: One Small Habit That Changes How Kids Learn (TK–8)

The habit:

- Predictability. Not pressure. Not perfection.

Why it works:

When children know what comes next, their brains spend less energy on stress and more energy on learning.

Try this at home:

- Anchor the day with 2 fixed moments (morning and bedtime routines)
- Keep homework short but predictable (15–30 focused minutes)
- Ask one reflective question daily
- “What felt tricky today?” or “What are you proud of?”
- End the day the same way each night (story, prayer, quiet talk)

Why this matters:

Kids don’t learn best when life is loud. They learn best when life feels steady.



Research That Supports

Routines & Academic Success

- Children with consistent home routines show higher academic achievement and better classroom behavior
 - (Journal of Educational Psychology; Child Development)

Predictability & Brain Function

- Predictable environments reduce stress hormones, allowing the brain to focus on attention, memory, and problem-solving
 - (Developmental Cognitive Neuroscience)

Executive Functioning

- Regular routines support executive functioning skills such as self-control, organization, and working memory
 - (Center on the Developing Child, Harvard University)

Sleep & Learning

- Consistent sleep schedules improve attention, emotional regulation, and learning readiness in school-aged children
 - (American Academy of Pediatrics)

Parent–Child Conversations

- Daily parent–child conversations increase motivation, resilience, and school engagement
 - (Child Development Perspectives)

Expectations Matter: Our Uniform Policy

Food for Thought

A school uniform is more than clothing. It is a daily signal to students that they are stepping into a shared space of learning, responsibility, and belonging. When expectations are consistent, children feel secure. They know what is required of them and can focus their energy on learning rather than navigating uncertainty.

Parents are a child's first teachers. Long before a student enters a classroom, they learn routines, accountability, and responsibility at home. When families model preparation and follow school expectations, students internalize the message that school matters and that standards are to be respected.

Working together as partners allows us to reinforce the same message at home and at school: preparation is not optional, expectations are clear, and effort is valued. A consistent uniform policy helps create equity, structure, and pride within our community, but it is only effective when families and schools stand together in support of it.

When parents lead with consistency, students follow with confidence. Together, we set the tone for success.

Our uniform policy is not a choice, but an expectation that allows our school to function with consistency and fairness. We value parent partnership in upholding this standard and are available to support families who may need assistance.

TK-5TH



6TH-8TH



A Celebration of Student-Driven Science

It's finally here. Our middle school students begin their science fair journey each August, starting the school year by learning how to research, ask meaningful questions, and think like scientists. What begins in small steps gradually grows into a 25-week process, during which students develop a complete science fair report that reflects every component of a student-driven experiment.

On February 10th, the Lashon community is invited to experience this journey firsthand as our elementary and middle school students present their work. Each year, our science program continues to grow, offering new ways for students to engage with scientific thinking and hands-on discovery. This year, fifth-grade students explored creative approaches to reducing, reusing, repurposing, and recycling materials that would otherwise enter the waste stream. Sixth-grade students investigated how plants respond to different lighting conditions, while seventh- and eighth-grade students pursued individual interests through projects examining topics such as solar panels, bioluminescent algae, alternative energy, makeup science, sports science, and more.





A Celebration of Student-Driven Science

Among these projects, twenty students will compete for the opportunity to represent Lashon Academy at the Los Angeles Science and Engineering Fair this March. Featured projects also reflect the language diversity of our community, highlighting the voices and perspectives that make Lashon unique.

With over one hundred presentation boards, interactive science activities, a photo booth, and more, the evening promises to be a celebration of curiosity, creativity, and growth. We look forward to welcoming our community as we support Lashon students in their pursuit of scientific discovery and celebrate our continued commitment to learning through science.



*"Give me six hours to chop down a tree
and I will spend the first four sharpening
the axe."*

— Abraham Lincoln

Minimum Days

February (Wednesdays)
2/4, 2/11, 2/18, & 2/25

No School

Friday, February 13th, Professional Develp.
Monday, February 16th, Presidents Day

End of Trimester 2

Friday, February 27th

Support Our School

Lashon Academy

Lashon and Kosher Super Meat Fundraiser!

Shop with us at KOSHER SUPER MEAT and support Lashon Academy! A portion of every sale goes directly back to help enrich our students' education.

- Fresh Poultry**
 - ✓ Carefully selected for quality and freshness.
- Kosher & Glatt Kosher Meat**
 - ✓ Premium cuts, prepared with care.
- Variety of Fresh Fish**

★ **How It Works:**

- ✓ Visit Kosher Super Meat for your fresh poultry, Kosher and Glatt Kosher meat, and fresh fish needs.
- Mention "School Fundraiser" at checkout.
- 5% of your purchase is donated to our school.

Where to Buy:
Kosher Super Meat
18533 Vanowen Street #A Reseda, CA 91335

Thank You for Supporting Our Students!
Together, we can make this school year even brighter.

After the Bell, the Fun Begins!

Our After School Program is buzzing with meaningful experiences and exciting activities that bring learning, creativity, and community together. This month, students will take part in a Kindness Collaboration with Trader Joe's, where they'll decorate bags filled with positive messages to be displayed and shared with shoppers. Spreading joy one surprise at a time!

We'll also be honoring Black History Month through engaging activities that encourage reflection, learning, and celebration. Students are lacing up for kickball, our newest sport addition, complete with new equipment and a focus on teamwork, cooperation, and gross motor development.

On February 12, students will create friendship bracelets, celebrating connection and kindness, followed by our ELOP Day Camp on Friday the 13th. More details coming soon!

Our After School Program continues to grow as a space where students learn, move, create, and connect beyond the classroom. Stay tuned for more information and upcoming surprises. We can't wait to share what's next!



THANK YOU!

