



MON

TUE

WED

THU

FRI

All meals are served with fruit and a choice of milk

*Most grains are whole grains

* This institution is an equal opportunity provider

(V) Vegetarian (VG) Vegan

1

*Bean and Cheese Pupusa (V) or *Chicken Tenders with Corn or *Grilled Cheese

2



3



6



7



8



9



10



13

*Beef Burrito or *3-Cheese Enchiladas (V) with Beans

14

*Orange Chicken Brown Rice Bowl or *Edamame Bowl (VG) with Broccoli or *Chef salad or *Grilled Cheese

15

*Crispy Chicken Sandwich or *Grilled Cheese Sandwich with Potato Wedges

16

*Spaghetti Marinara with Meatballs or *Cheesy Spaghetti Marinara (V) with Carrots or *Chicken Caesar salad

17

*Cheese Tamale (V) with Celery sticks or *Grilled Cheese

20

*Beef and Cheese Taco stick or *Cheese Quesadilla (V) and Beans



21

*Shepherd's Pie with Beef or *Shepherd's Pie with Vegan crumbles (V) or *Asian Chicken salad

22

*Chicken Hot Dog or *Bean and Cheese Burrito (V) with Broccoli

23

*Chicken Alfredo Pasta or *Cheesy Alfredo Pasta (V) with Green beans or *Italian Chicken salad

24

*Chicken Tenders with Baby carrots or *Grilled Cheese

27

*Chicken Tamale or *Cheese Tamale (V) with Beans or *Grilled Cheese

28

*American BBQ Chicken Bowl or *Tofu Bowl (VG) with Broccoli or *Chicken Caesar salad or *Grilled Cheese

29

*Hamburger or *Quesadilla (V) with Tater tots



30

*Teriyaki Chicken Chow Mein or *Edamame Chow Mein (VG) with Carrots or *Asian Chicken Salad

May 1

*Pizza Bagels (V) with Cucumbers