



JANUARY SNACK



SNK

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Sun chips +
100% Fruit Juice
Apple

6

Pretzel
Goldfish +
Pear

7

Cheez-its
+
Cheese stick

8

Low-fat yogurt
+
Granola

9

Banana
Muffin +
Low-fat Milk

12

Goldfish crackers
+
100% Fruit Juice
Fruit Punch

13

Whole Grain
Cheetos +
Pear

14

Cinnamon
Oat Crisp
+ Cheese stick

15

Graham crackers
+
Cheese stick

16

Blueberry
Muffin +
Non-fat
Chocolate Milk

19



20

Pretzel Goldfish
crackers
+
Pear

21

Cheez-its
+
Cheese stick

22

Low-fat yogurt
+
Granola

23

Birthday Cake
Graham
Crackers +
Low-fat Milk

26

Goldfish crackers
+
100% Fruit Juice
Fruit Punch

27

Sun Chips
+
Pear

28

Cinnamon
Oat Crisp
+ Cheese stick

29

Graham crackers
+
Cheese stick

30

Banana
Muffin +
Non-fat
Chocolate Milk

*Happy
New Year*

***All grains are whole grains
* This institution is an equal opportunity provider**