

OCTOBER

SNACK

| *MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY | | | | |
|---|---|---|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| *All grains are whole grains * This institution is an equal opportunity provider | | Graham crackers + Cheese stick | No School | 3 Banana Muffin + Non-fat Chocolate Milk |
| 6 Sun chips + 100% Fruit Juice Fruit Punch | No School | No School | 9 Low-fat yogurt + Granola | 10 Birthday Cake Graham crackers + Low-fat Milk |
| 13 Goldfish crackers + 100% Fruit Juice Fruit Punch | HABBQ Sun chips + Pear | 15 Cinnamon Oat Crisp + Low-fat Milk | 16 Tortilla Chips + Cheese stick | 17 Blueberry Muffin + Non-fat Chocolate Milk |
| 20 Lemon Blueberry Crisp + 100% Fruit Juice Fruit Punch | 21 Tortilla Chips + Cheese stick | Cheese dip and Crackers | 23 Whole grain Doritos + Pear | 24 Honey Roasted Sunflower seeds + Low-fat Milk |
| 27 Sun chips + 100% Fruit Juice Fruit Punch | 28 Pretzel Goldfish + Pear | 29 Cheez-its + Cheese stick | 30 Low-fat yogurt + Granola | Banana Muffin + Non-fat Chocolate Milk |