



unity meals

BRK

FEBRUARY

BREAKFAST

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

*Cereal bowl
(Cheerios) with
Graham crackers
or Chocolate
Chip Muffin

4

Cinnamon
Crumble Cake
or *Cereal
Bowl
(Fruit Loops)

5

Fun + Fruity
Waffles

6

*Cereal Bowl
(TRIX)

7

Warm Bagel
with cream
cheese or
Apple Muffin

10

Low-fat Yogurt
+ Granola
or *Cereal Bowl
(Cinnamon Toast
Crunch)

11

Cereal bowl
(Corn Flakes)
+ Graham
crackers or
Zucchini Bread

12

Blueberry
Muffin
or *Cereal
Bowl
(Fruit Loops)

13

Pan Dulce
(Pink) or
*Cereal
Bowl
(Cocoa Puffs)

14



17



18

Pan Dulce
(Vanilla) or
*Cereal Bowl
(TRIX)

19

Chocolate chip
Muffin

20

Cinnamon
Crumble
Cake or
*Cereal Bowl
(Cocoa Puffs)

21

Cheese Tamale
or
Blueberry
Muffin

24

Cereal Bar
+ Cheese stick
or
Sunrise
Muffin

25

Fun
+ Fruity
Waffles or
*Cereal Bowl
(Fruit Loops)

26

Pan
Dulce (Pink)
or *Cereal
Bowl
(TRIX)

27

*Cereal bowl
(Cinnamon Toast
Crunch) with
Graham crackers
or Chocolate Chip
Muffin



28

Egg Cheese and
Turkey Sausage
Scrambler or
Zucchini
Bread

Happy
Valentines
Day

All meals are served with fruit and choice of milk

*All grains are whole grains

*All cereal bowls are served with graham crackers

* This institution is an
equal opportunity provider



unity meals

HLN2PWC

FEBRUARY

LUNCH LASHON

* MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Chicken and
*Waffles or *Bean
and Cheese
Burrito (V) with
Potato Wedges
or *Grilled Cheese
Sandwich (V)

4

*Grilled Cheese
Sandwich (V) or
Southwest Chicken
salad

5

*Italian Turkey and
Cheese Combo
Sandwich or
WOWbutter
sandwich with
cheese stick (V) and
Cucumbers

6

Mac and Beef
Pasta or Mac and
Cheese Pasta (V)
with Broccoli or
Italian Chicken
salad

7

*Cheesy
Nachos (V) with
Baby carrots
or *Grilled Cheese
Sandwich (V)

10

*Cheeseburger
or
*Grilled Cheese
Sandwich (V)
with Tater tots

11

*Chicken Taco
Bowl or *BRC
Bowl (V) with Beans
or *Southwest
Chicken Salad
or *Grilled Cheese
Sandwich (V)

12

*Chicken and
Mozzarella sandwich
or WOWbutter
sandwich with
cheese stick (V) and
Baby carrots

13

Pink Lasagna
Roll-up (V) or
Cheese Pizza Pack
(V) with Green beans
or *Grilled Cheese
Sandwich (V)

SPECIAL OFFER

14

No
School

17

No
School

18

*Beef and Broccoli
Bowl or *Tofu
Bowl (V) with
Broccoli
or *Chef salad
or *Grilled Cheese
Sandwich (V)

19

*Italian Turkey and
Cheese Combo
Sandwich or
WOWbutter
sandwich with
cheese stick (V) and
Corn

20

Alfredo Chicken
Pasta or Alfredo
Cheese Pasta (V)
and Green beans
or *Chicken Caesar
salad

21

*Grilled Cheese
sandwich (V) with
Baby carrots

24

*Chicken Hot
Dog or *Pizza
Bagels (V) with
Potato Wedges

25

*Asian Chicken Bowl
with dumplings or
*Tofu Bowl (V) with
Green beans or
*Asian Chicken salad or
*Grilled Cheese
Sandwich (V)

NEW
ITEM

26

*Housemade Turkey
and Mozzarella
sandwich or
WOWbutter
sandwich and
cheese stick (V)
with Beans

27

Spaghetti Marinara
with meat sauce or
Spaghetti Marinara
and Cheese (V)
with Broccoli or
*Italian Chicken
salad

28

*Chicken
Tenders with
Baby carrots

Happy
Valentines
Day

All meals are served with fruit and a choice of milk

*All grains are whole grains except the pasta

* This institution is an
equal opportunity provider
(V) Vegetarian



unity meals

SNK

FEBRUARY

SNACK

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Goldfish
crackers +
100% Fruit Juice
Fruit Punch

4

Sun chips
+
100% Fruit Juice
Apple

5

Cinnamon Oat
Crisp
+
Low-fat Milk

6

Cheetos Fantastix
Ranch
+
100% Fruit Juice
Apple

7

Banana
Muffin +
Low-fat Milk

10

Lemon Blueberry
Crisp +
100% Fruit Juice
Fruit Punch

11

Pretzel Goldfish
+
100% Fruit Juice
Apple

12

Cheez-its
+
Cheese stick

13

Low-fat
yogurt
+
Granola

14



17



18

Doritos
+
100% Fruit Juice
Apple

19

Cinnamon Oat
Crisp
+
Low-fat Milk

20

Graham cracker
sticks
+
Cheese stick

21

Blueberry
Muffin +
Low-fat Milk

24

Lemon Blueberry
Crisp +
100% Fruit Juice
Fruit Punch

25

Pretzel Goldfish
+
100% Fruit Juice
Apple

26

Cheez-its
+
Cheese stick

27

Low-fat yogurt
+
Granola

28

Apple
Muffin +
Low-fat Milk

**Happy
Valentines
Day**

***All grains are whole grains**

*** This institution is an
equal opportunity provider**