


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B	30 Apple Muffin & WG Crackers	1 Cinnamon French Toast w/Syrup	2 Multi Grain Cheerios & WG Crackers	3 Cheese Tamal	4 Mexican Concha
L	Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Basil Corn Salad (1/2c)	Double Dog Chicken Hot Dogs with Sweet Potato (3/4c)	<b>DELIVER FOOD AT 10:15AM</b> - Beef Lasagna with Green Salad (1 1/2c)	Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Refried Pinto Beans (3/4c)	Lemon Pepper Chicken with Brown Rice Pilaf (1/2c) & Green Salad (1 1/2c)
VL	Creamy Chipotle Penne Pasta (1/2c) with Shredded Cheese & Whole Kernel Corn (3/4c)	Garden Burger with Sweet Potato (3/4c)	Three Cheese Lasagna with Green Salad (1c)	Shredded Cheese (2oz) Nachos (2oz) with Refried Pinto Beans (3/4c)	Tofu (1/2c) Chow Mein (1/2c) & Steamed Broccoli & Carrots (1c)
VG L	Chow Mein (1c) w/Tofu (1/2c) & Mixed Vegetables (1c)	Grilled Veggie & Beans Sandwich on a Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing	Greek Salad with Garbanzo Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)	Fresh Veggie & Bean Tortilla Wrap with Carrot Sticks (1c) & Italian Dressing	Penne Pasta (1c) & Marinara Sauce (1/2c) with Grilled Tofu (1/2c), Green Salad (1c) & Italian Dressing
S	Trix	Cinnamon Graham Bug Bites	Fruit	Scooby Doo Crackers-110	Rice Chex
B	7 Bagel with Cream Cheese	8 Pancakes (2) with Syrup	9 Rice Chex & WG Crackers	10 Egg & Cheese Croissant	11 Coffee Cake & String Cheese
L	Cheeseburger with <b>Roasted Potatoes</b> (3/4c)	Penne Pasta (1/2c) & Turkey Meat Sauce (3/4c) with Green Salad (1c)	176- Cheese Pizza with Carrot Sticks (3/4c) & Ranch	<b>Ground Turkey (2oz) &amp; Cheese (.5oz) Nachos (2oz) with Refried Pinto Beans (3/4c)</b>	Chicken Fettuccine (1/2c) Alfredo with Green Salad (1 1/2c)
VL	Garden Burger with <b>Roasted Potatoes</b> (3/4c)	Penne Pasta (1/2c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	Sante Fe Salad with Black Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)	Cheese & Chili Flaquito with Pinto Beans (1/2c)	Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1/2c) & Steamed Broccoli & Carrots (1c)
VG L	Grilled Vegetable Fajitas (1/2c) w/Tofu (1/2c) w/Corn Tortillas (2) & Refried Beans (1/2c)	Refried Beans (1/2c) Nachos (2oz) & Green Salad (1 1/2c) & Italian Dressing	Fruit	Bean (1/2c) Torta with & Carrot Sticks (1/2c) & Italian Dressing	Tofu Taco Salad (3/4c) (No Cheese/Meat) w/Spanish Brown Rice (1c) & Refried Beans (1/2c)
S	Trix	Cinnamon Graham Bug Bites	Fruit	Scooby Doo Crackers-110	Rice Chex
B	14 Banana Muffin & WG Crackers	15 Waffles (2) with Syrup	16 Reduced Sugar Cinnamon Toast Crunch & WG Crackers	17 Bean & Cheese Burrito	18 Mexican Concha
L	Beef Taquitos (2) with Whole Kernel Corn (3/4c)	Macaroni & Cheese (1c) with Green Salad (1 1/2c)	Honey BBQ Chicken Wings (3) with Dinner Roll, Carrot Sticks (3/4c) & Ranch	Chicken Tamal with Pinto Beans (3/4c)	Pesto Chicken Penne Pasta (1/2c) with Green Salad (1 1/2c)
VL	Bean & Cheese Quesadilla with Whole Kernel Corn (3/4c)	Macaroni & Cheese (1c) with Green Salad (1 1/2c)	Garden Burger with Sweet Potato (3/4c)	Cheese Tamal with Pinto Beans (3/4c)	Orange Tofu (1/2c) with Brown Rice Pilaf (1/2c) & Steamed Broccoli & Carrots (1c)
VG L	2 Veggie & Bean (1/2c) Tacos (No Cheese/Meat) w/Corn Salad (Oil & Vinegar) (1/2c)	Beans Chili (No Meat/Cheese) (3/4c) w/Dinner Roll (2oz) & Carrot Sticks (1/2c) w/Italian Dressing	Chinese Salad (No Chicken) w/ Dinner Roll (2oz) & Bean Salad (Oil & Vinegar) (1/2c)	Refried Beans & Rice Burrito & Green Salad (1 1/2c) w/Italian Dressing	Pineapple Tofu (1/2c) w/Mixed Vegetables (3/4c) & Brown Rice Pilaf (1/2c)
S	Trix	Cinnamon Graham Bug Bites	Fruit	Scooby Doo Crackers-110	Rice Chex
B	21	22 Cinnamon French Toast w/Syrup	23 Reduced Sugar Trix & WG Crackers	24 Cheese Tamal	25 Coffee Cake & String Cheese
L	<b>NO SCHOOL</b>	Spaghetti (1/2c) & Meatballs with Green Salad (1c)	<b>Chicken Fajitas (3/4c) with Spanish Brown Rice (1c) &amp; Black Beans (1/2c)</b>	176- Cheese Pizza with Carrot Sticks (3/4c) & Ranch	<b>Chicken Fettuccine (1c) Alfredo with Green Salad (1 1/2c)</b>
VL		Spaghetti (1/2c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	Red Cheese Enchiladas with Black Beans (1/2c)		<b>Mongolian Tofu (1/2c) Chow Mein (1c) with Steamed Broccoli &amp; Carrots (1c)</b>
VG L		Grilled Veggie & Beans Sandwich on a Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing	Greek Salad with Garbanzo Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)	Fresh Veggie & Bean Tortilla Wrap with Carrot Sticks (1/2c) & Italian Dressing	<b>Penne Pasta (1c) &amp; Marinara Sauce (1/2c) with Grilled Tofu (1/2c), Green Salad (1c) &amp; Italian Dressing</b>
S		Cinnamon Graham Bug Bites	Fruit	Scooby Doo Crackers-110	Rice Chex
B	28	29 Pancakes (2) with Syrup	30 Lucky Charms & WG Crackers	31 Cherry Pillsbury Strudel	1 Mexican Concha
L	 <b>Memorial Day</b>	Breaded Chicken Patty Sandwich with <b>Roasted Potatoes</b> (3/4c)	Beef Lasagna with Steamed Carrots (1/2c)	Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Refried Pinto Beans (3/4c)	Spaghetti (1/2c) & Meatballs with Green Salad (2c)
VL		Garden Burger with <b>Roasted Potatoes</b> (3/4c)	Three Cheese Lasagna with Steamed Carrots (1/2c)	Shredded Cheese (2oz) Nachos (2oz) with Refried Pinto Beans (3/4c)	Hawaiian Tofu (1/2c) with Brown Rice Pilaf (1/2c) & Steamed Broccoli & Carrots (1c)
VG L		Refried Beans (1/2c) Nachos (2oz) & Green Salad (1 1/2c) & Italian Dressing	Sante Fe Salad with Black Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)	Bean (1/2c) Torta with & Carrot Sticks (1/2c) & Italian Dressing	Tofu Taco Salad (3/4c) (No Cheese/Meat) w/Spanish Brown Rice (1c) & Refried Beans (1/2c)
S		Cinnamon Graham Bug Bites	Fruit	Scooby Doo Crackers-110	Rice Chex

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



**School Notes: VEGETARIAN BREAKFAST ONLY // NO PORK SCHOOL // KOSHER SNACKS ONLY, 120 ON TH NO PARFAIT.**



**“Eat Right, Be Bright!”**